**GMRC Helpline Training 2025**

**Location**: 73 Ardwick Green North, Ardwick, Manchester, M12 6FX.

**Trainers**: Dr Kelly Savery, Cheryl Fairbairn, & Ulrike Meister.

**Guest Speakers**: Anne Stebbings, Eve Hooper, Fiona Harradine, Theres Fickl, & Clare Smith.

**Timetable & content of training sessions:**

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| **Session** | **Date** | **Time** | **Content** |
|  Session 1 | ThursdayJanuary 16th  | 6:00 – 9:00pm | Introduction to GMRC.Listening Skills |
|  Session 2 | SaturdayJanuary 25th | 10:00 - 4:00pm | Understanding of Sexual Violence. |
|  Session 3 | Thursday January 30th | 6:00 – 9:00pm | The LawPolice & ReportingSARCISVA Service |
|  Session 4 | ThursdayFebruary 6th  | 6:00 - 9:00pm | Working with Distressed Callers. |
|  Session 5 | SaturdayFebruary 15th | 10:00 - 4:00pm | Organised AbuseSoul Eating Emotions - Shame |
|  Session 6 | ThursdayFebruary 20th | 6:00 - 9:00pm | Dissociative Processes |
|  Session 7 | SaturdayMarch 1st | 10:00 - 4:00pm | Working with DiversityQ & A. The Next Step. |

For more information go to [www.manchesterrapecrisis.co.uk](http://www.manchesterrapecrisis.co.uk)

Alternatively contact Anna on: 0161 273 4591.

Or email anna@manchesterrapecrisis.co.uk