**GMRC Helpline Training 2025**

**Location**: 73 Ardwick Green North, Ardwick, Manchester, M12 6FX.

**Trainers**: Dr Kelly Savery, Cheryl Fairbairn, & Ulrike Meister.

**Guest Speakers**: Anne Stebbings, Eve Hooper, Fiona Harradine, Theres Fickl, & Clare Smith.

**Timetable & content of training sessions:**

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| **Session** | **Date** | **Time** | **Content** |
| Session 1 | Thursday  January 16th | 6:00 – 9:00pm | Introduction to GMRC.  Listening Skills |
| Session 2 | Saturday  January 25th | 10:00 - 4:00pm | Understanding of Sexual Violence. |
| Session 3 | Thursday January 30th | 6:00 – 9:00pm | The Law  Police & Reporting  SARC  ISVA Service |
| Session 4 | Thursday  February 6th | 6:00 - 9:00pm | Working with Distressed Callers. |
| Session 5 | Saturday  February 15th | 10:00 - 4:00pm | Organised Abuse  Soul Eating Emotions - Shame |
| Session 6 | Thursday  February 20th | 6:00 - 9:00pm | Dissociative Processes |
| Session 7 | Saturday  March 1st | 10:00 - 4:00pm | Working with Diversity  Q & A.  The Next Step. |

For more information go to [www.manchesterrapecrisis.co.uk](http://www.manchesterrapecrisis.co.uk)

Alternatively contact Anna on: 0161 273 4591.

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